**Links & Resources**

Mental Health Links

The following links are listed to provide you with additional online mental health care information and counseling resources.

[Alcoholics Anonymous](https://www.aa.org/)

[Center for Online Addiction](http://netaddiction.com/)

[Answers to Your Questions About Panic Disorder](https://www.apa.org/topics/anxiety/panic-disorder.aspx)

[National Center for PTSD](http://www.ptsd.va.gov/)

[Questions and Answers about Memories of Childhood Abuse](https://www.apa.org/topics/trauma/memories.aspx)

[The National Domestic Violence Hotline Website](http://www.ndvh.org/)

[Depression and How Therapy Can Help](https://www.apa.org/topics/depress/recover.aspx)

[Academy of Nutrition and Dietetics](http://www.eatright.org/)

[SAMHSA's Suicide Prevention](http://www.samhsa.gov/prevention/suicide.aspx)

[Suicide Awareness Voices of Education](https://www.save.org/)

[Internet Mental Health](http://www.mentalhealth.com/)

**Note:***TherapySites is not responsible for the content, claims or representations of the listed sites*.